

**Bar Harbor Age-Friendly Committee**  
**April 19, 2023**  
**Municipal Building**

Present: Allie Bodge, Susanne Hopkins, Andrea Lepcio, Terry Wagner  
Excused: Peter Houghton, Sharon Linscott, Nancy Howland

The meeting was called to order by Chair Susanne Hopkins at 4 PM.

Minutes from the March meeting were approved unanimously with the correction a name spelling (Fernald).

Articles: A new article was published the Islander last week.

Resource Guide: Andrea is putting together a fitness resources section. Other sections were assigned to members for review and updates as follows: Susanne pg 1-5, Nancy pg 6-10, Allie pg 10-16 (food assistance and housing, Terry pg 16-19, Peter pg 20-22. Sharon had agreed before to work on formatting. Page numbers need to be added. A publication date should be added/updated. We may want to consider updated photos. Susanne will look into this. Last records showed a \$600 fund balance for the committee which could be used to print an updated version of the guide.

Checking with former committee member Jan Varnum regarding the Grief Management seminar is still pending. Perhaps if still viable, we could target the fall.

Members are asked to have calendars available when we meet in May to look at upcoming meeting dates, especially for the summer.

We will touch base with Sharon next meeting regarding AARP magnets.

Regarding possible in-person talks/meetings, we may want to tie those to the article topics.

Progress Report for AARP: Susanne had distributed some sample reports. Some include vision/values sections, which we could also do. We should include newspaper article program, resource guide, shoveling program assessment, advocacy and informational efforts including MDI Wheelers, window inserts, our own organizational leadership transition.

Members are asked to email Sharon with resource guide updates and Susanne regarding the progress report.

There was no public comment.

The next meeting will be on Wednesday, May 17, 2023 at 4:00 PM at the Municipal Building.

The meeting was adjourned at 4:45 PM.

Respectfully Submitted  
Terry Wagner, Secretary