

Bar Harbor Age-Friendly Committee
March 15, 2023
Municipal Building

Present: Allie Bodge, Susanne Hopkins, Andrea Lepcio, Terry Wagner
Excused: Peter Houghton, Sharon Linscott, Nancy Howland

The meeting was called to order by Chair Susanne Hopkins at 4 PM.

Minutes from the February meeting were approved unanimously. Susanne abstained as she was not present.

Andrea reported that a third Age Friendly article by Mary Parnham will be on diabetes and should be published soon. Brenda Fernald will not be able to write on reverse mortgages but could cover issues of fraud in mortgages. Susanne reported that her mother Sara Phillips might be able to do an article on the widows/widowers group around the July timeframe. Sharon had indicated willingness to write on transportation issues – also in June/July timeframe. James Hoke from Birch Bay may be able to write about the Strauss Center at Birch Bay that has recently reopened. The MDI Wheelers are still organizing but may be interested in a piece around late spring/summer. Another future possibility is an article by Carol Harper on medical/long term care insurance. 211 as a resource may also be of interest. Andrea stated that she could do an article periodically on fitness topics. Susanne will check with the town about ensuring our articles are linked to the town/Age Friendly website.

Bar Harbor Story will link to future articles. They are a good resource for getting information out.

Nancy reported to Susanne that there have been no contacts regarding shoveling.

We will discuss AARP magnets with Sharon next meeting.

Allie will contact Jan Varnum regarding the grief management program that had been postponed.

AARP requires a progress report from us to maintain our Age Friendly designation. It is due in May. Susanne will circulate a sample report done by Presque Isle. We will work on the report at the April meeting.

AARP is hosting a Hancock County Age Friendly communities meeting in May.

Susanne will verify funds remaining that we may be able to use to publish updated resource guides. It would make sense to coordinate ordering with the hospital as they also want more copies.

Susanne will be joining a hospital committee with Age Friendly intergenerational goals. Other organizations such as the YMCA have similar goals. It would make sense to coordinate with these groups.

The committee discussed possibility of hosting talks around same/related topics that our articles cover. We will discuss further at future meetings.

Public Comment – There wss no public comment.

The next meeting will be on Wednesday, April 19, 2023 at 4:00 PM at the Municipal Building.

The meeting was adjourned at 4:25 PM.

Respectfully Submitted
Terry Wagner, Secretary