

Bar Harbor Age-Friendly Committee
February 15, 2022
Municipal Building

Present: Allie Bodge, Peter Houghton, Andrea Lepcio, Sharon Linscott, Terry Wagner

Excused: Susanne Hopkins, Nancy Howland

Guests: Anna Brandford, a student from College of the Atlantic, was observing as part of her coursework. Shaun Farrar was present from Bar Harbor Story.

The meeting was called to order by Vice-chair, Allie Bodge at 4 PM.

Minutes from the November meeting were approved unanimously.

Andrea reported that two articles on were published in the Islander on exercise/movement and on music therapy. Other ideas are in the pipeline including a piece on diabetes by Mary Parham from the MDI Hospital. Long term care insurance was also mentioned as a topic of interest. Susanne was going to contact Carol Harper Assoc. about a possible article. Sharon may be able to do an article about transportation but no sooner than June. MDI Wheelers may be ready to publish information as well. They are now looking for participants and especially volunteers. Members are reminded to send Andrea ideas.

The Shoveling Program idea was discussed. Nancy reports very minimal phone contacts. Unfortunately, in two attempts we have not had any interest from potential volunteers and minimal interest from people needing help with this. Perhaps this is not a viable idea for our community.

Sharon let us know that AARP is no longer funding the printing of resource guides. They are funding magnets.

The group discussed printing an updated version of the guide. We might be able to fund printing from the small reserve in our account. We need to verify the balance and get an updated quote for printing. Sharon did locate the file and is willing to take updates from members and make the changes. She can also make some formatting improvements. Page numbers need to be added. Andrea has some additions to send on.

Allie met recently with Rotary. They may be a source of volunteer assistance for some initiatives.

Sharon and Peter will be excused from the March meeting.

Public Comment – Shaun stated that Bar Harbor Story will also publish our columns.

The next meeting will be on Wednesday, March 15, 2023 at 4:00 PM at the Municipal Building.

The meeting was adjourned at 4:40 PM.

Respectfully Submitted
Terry Wagner, Secretary