

## **Bar Harbor Age-Friendly Committee**

Jan. 27, 2021

Zoom Meeting

Present: Doreen Willett, Teresa Wagner, Jan Varnum, Allie Bodge, Susanne Hopkins. Absent: Heather Lewis

The meeting was called to order by Doreen Willett at 3:00 PM. Doreen explained that she and Allie had gone over the resource guide document. Doreen had a conversation with Patricia Oh of AARP to determine if we needed to include the domains and keep the same format as Sullivan, as it makes our document so redundant. Patricia told us to make the document our own, so we agreed that Doreen will re-format it to cut the size and make it easier to use. Allie offered her assistance.

We discussed categories to develop a suggested order and agreed on the following:

1. Health care
2. Housing
3. Transportation
4. Food accessibility

Susanne suggested that we include a section explaining how the guide was organized, including why we were listing the items, who worked on the guide, etc. The three domains that we were emphasizing (as a result of our survey) could be included there. We could also invite people to offer ideas for future inclusion and to visit the town's website.

Cornell Knight, Town Manager, has agreed that the guide could be published on the town's website. This will make it easy to keep updated.

Doreen explained that Island Connections is talking about becoming a potential resource directory for people to contact with additional needs/questions.

We decided to add Playgrounds as another category in the guide, as many folks might not know where they are, especially if newcomers to the town.

Allie asked about potential resources to help seniors with taxes. Jan suggested AARP volunteers and Doreen said she would talk with her accountant about that.

Allie will also contact Sullivan to ask about their updating procedures for their resource guide.

We noted that the phone number 211 is another source of information that could be included in the guide. Doreen suggested that Island Connections could also serve in that capacity.

The Committee gave congratulatory kudos to Allie and Doreen for their massive effort in organizing the first Covid vaccine dose for seniors living in the Housing units!

The minutes from the Nov. 18, 2020 meeting were approved with one minor correction in spelling. The minutes from the Dec. 16, 2020 meeting were approved as submitted.

There was no public comment. The meeting adjourned at 3:50 PM.

The next meeting will be on Wed., Feb. 17, at 3:00 PM on Zoom.

Respectfully submitted,

Jan Varnum, Secretary