

Town of Bar Harbor: Covid Update

April 29, 2020 / 4 pm / Town Manager's Office

The Town of Bar Harbor expects residents and visitors alike to abide by CDC and State recommendations for social distancing, quarantine, isolation, and handwashing. Abiding by these recommendations will help protect our island community.

The Governor's order requires Maine people to wear cloth face coverings in public places where physical distancing is difficult to maintain, as recommended by the U.S. CDC. The order identifies public settings as:

- Indoor spaces that are accessible to the public such as grocery stores, retail stores, pharmacies and healthcare facilities
- Outdoor spaces such as playgrounds, busy parking lots, and other areas such as lines for take-out service where the public typically gathers in a smaller area
- Public transportation such as a taxi, Uber, Lyft, ride-sharing or similar service
- Ferry, bus, or train
- Any semi-enclosed transit stop or waiting area
- Under the order, cloth face coverings are not required for children under age 2, a child in a child care setting, or for anyone who has trouble breathing or related medical conditions, or who is otherwise unable to remove the mask without assistance.

What is Social Distancing? [This CDC link describes best practices.](#)

Maine Requires all visitors and returning residents to quarantine for 14 days.

What is the difference between isolation and quarantine? What is involved?

(4/29 from Maine.gov)

- Self-quarantine means that you need to separate yourself from others because you may have been exposed to the COVID-19 virus but are not currently symptomatic.
- Self-isolation means that you need to separate yourself from others because you may be infected with the COVID-19 virus and you are experiencing symptoms.
- Self-monitoring means that you need to pay attention to your health to note if you develop symptoms of COVID- 19, including fever, cough, or difficulty breathing

- For both self-quarantine and self-isolation:
 - Stay Home.
 - You cannot go to public places even for essential reasons, including grocery stores. Plan to have 14 days of food available or arrange to have it delivered to you.
 - Do not have visitors in your home.
 - Avoid Contact With Others, especially those who are at high risk of severe COVID-19 illness.
 - Keep a distance of at least 6 feet from other people.
 - If you are sick, wear a mask that covers your nose and mouth.

- During self-quarantine, you can have contact with other members of your household.
- During self-isolation, you should avoid having contact with other members of your household as much as possible.
- These are different from the Stay Healthy at Home Order.
 - The Stay at Home order allows you to go out for essential personal reasons.
 - If you are self-quarantining or self-isolating, you cannot leave your house for essential personal reasons.

Covid Transmission Update

MDI Hospital confirmed that they have had four (4) positive tests to date.

As of today 5/1/20, Maine CDC has confirmed ten (10) positive cases in Hancock County.

[Maine Center for Disease Control](#)

Public Safety & Municipal News

There are two new surveys on Polco to help the Town of Bar Harbor better understand the impact Covid 19 is having on the community and to help make Bar Harbor a safe and welcoming community when visitation begins again.

The Town invites all residents and community member to participate in the [Covid19 Resident Impact Survey](#)

The Town invites all businesses to participate in the [Covid19 Business Survey](#)

The next Town Council meeting will be 5/5/20 at 4:00 PM on townhallstreams.com or live cable channel 1303.

The Public Works leaf pile area is open during normal public works facility hours. There will be no public access beyond the pile area and no access to the recycling metal pile.

Town of Bar Harbor buildings, schools, restrooms, and playgrounds are closed to the public until 5/15 due to the extension of the declaration of the state of emergency.

Town of Bar Harbor Town Meeting has been rescheduled for June 30th, and the Election will be held on July 14th.

BURN PERMITS: Burn permits are not being written by BHFD at this time but residents can get a permit online at <https://www13.informe.org/burnpermit/public/index.html>. If unable to obtain a permit online, it is because the fire department is not allowing burning for the day.

[CDC Announces Modifications and Extension of No Sail Order for All Cruise Ships](#)

Police Department: The Town's Police Department is tasked with enforcing the Governor's [Essential Business Mandate](#) to ensure that all non essential businesses are complying with the order to close. Please call the department 288-3391 for more information.

MDI Hospital

[16 Ways to Help Reduce Covid Anxiety](#)

[Nutrition during Covid 19](#)

[Press Release 4/13/20: MDI Hospital Acquires New Rapid Testing System](#)

[Drs. Kuffler and Abreu's Letter about the Seven Steps to Staying Safe](#)

MDI Hospital Coronavirus Call Center :If you are having symptoms or think you may have been exposed to COVID-19, call your primary care provider. If you do not have one, reach out to our Coronavirus Call Center at 207-801-5900. Calling ahead helps our dedicated health care professionals provide the best possible care and protects those in our community who are most vulnerable.

Remember: **PLEASE CALL AHEAD**

MDI Hospital has suspended visitation. There are several exceptions, please visit this website to learn more.

[MDI Hospital Covid Updates](#)

Hannaford, Paradis True Value, A&B Naturals

"As always, a big thank you to all of our customers for their understanding through many changes in how we operate in today's environment!" - Jay Boyce, Manager

Hannaford store hours are 7am-8pm daily until May 9th.

On May 10th, Hours will change to 7am - 9pm daily.

Senior hours are now 7 am- 8 am on Tuesdays, Wednesdays, and Thursdays.

Hannaford now has one way directional aisles in place to keep traffic flowing with minimal encounters of traffic coming the opposite way.

This will make it a little easier to achieve 6' social distancing.

There may be daily limits per customer on the following items:

BUTTER - BABY WIPES - NAPKINS - PAPER TOWELS - HOUSEHOLD CLEANING SUPPLIES - HAND SANITIZER - EGGS - VITAMINS - COUGH & COLD MEDICINE - DISINFECTING SPRAY ALOE - RUBBING ALCOHOL - LIQUID HAND SOAP - FACE MASKS - TOILET PAPER - FLOUR FACIAL TISSUE - PAIN RELIEVERS

At this time, reusable bags are no longer permitted inside the building. This includes the reusable pre-wrap bags that customers may put fruits and vegetables in. Hannaford will be using single-use plastic bags until further notice.

[To those who are looking for work: Hannaford is currently hiring.](#)

Paradis True Value:

Paradis is doing curbside pick-up with ordering and payment processing for those who do not wish to enter the store. When shipments of supplies come in they post to their [facebook page](#) to notify customers of new inventory. 207-288-4995

A&B Naturals:

A & B Naturals is doing curbside pickup, walk up window purchases, and online orders. Customers are not currently allowed inside the store.

To place orders: call 207-288-8480 /email aandb.order@gmail.com/ or on the website www.aandbnaturals.com

Bar Harbor Chamber of Commerce

Includes resource lists for visitors and businesses

<https://www.visitbarharbor.com/member-center-coronavirus-resources>

School Information: Connors Emerson & MDI High School

SCHOOL LUNCH :

MDI High School

[MDIHS Food Program Option](#)



Any MDI High School student who resides in the town of Bar Harbor, Mount Desert, Tremont, Trenton or Southwest Harbor will have the opportunity to pick up a bag breakfast/lunch. Each bag can be picked up at your town's elementary school (Town of BH @ Conners Emerson, Town of Mount Desert @ MDES, Town of Tremont @ Tremont Elementary Town of Trenton @ Trenton Elementary and Town of SWH @ Pematic). These meals are available free to any MDIHS student regardless of your lunch status. Students in Hancock or Lamoine --please contact your elementary school for meal options.

↔↔ Complete this [survey](#) by Thursday each week to reserve meals for the following week.

Conners-Emerson School

This is for students living in Bar Harbor and the surrounding villages. Food will be picked up Monday and Thursday 11:30 to 12:30 in front of the Emerson Library

<http://www.mdirss.org/>

[Latest email update from Principal Haney MDI Highschool](#)

[Latest email update from Conners Emerson School](#)

[Latest email update from Superintendent Marc Gousse](#) - video update

Mental Health

[National Alliance on Mental Illness Maine](#)

[Maine DHHS - Hotlines/Crisis Numbers](#)

[Crisis Services](#)

Acadia National Park

[See latest alert from ANP](#) : Delay of Opening

Community Resources

On April 3, Governor Mills increased [assistance](#) to Maine families in need

[The First: Jon Nicholson & Tony McKim Payroll Protection Plan "Wrap Up" 5/5 at 11am](#)

[Open Table MDI - Building Community, One Meal at a Time](#) is delivering meals twice a week, free of charge, to anyone who requests them (MDI wide), as well as once a week curbside pick up. They are donation based and the food is healthy and tasty.

[Jesup Memorial Library](#) educational resources

[Mount Desert 365 Resource Spreadsheet](#) is a resource list for all of MDI

[Project Open: A community spreadsheet letting residents and visitors know what island businesses are open](#)

[Mount Desert Island Community Response](#) is a resource list for all of MDI

[Bar Harbor Food Pantry](#)

[Help Request to MDI Community Helpers](#)

Ways to Help

[MDI Nonprofit Alliance: Share Our Stimulus](#) : share stimulus money with local nonprofits.

[MDI Community Helpers](#)

[Island Connections](#)

Government News & Mandates

[Governor Mills: Latest Updates](#) : [Phases for Restarting Maine's Economy](#)

[Checklists for Reopening Businesses](#)

[Representative Brian Hubbell's latest newsletter and resource list](#) : 4/30/20 Newsletter

[The Small Business Association](#) **Link to loan and grant forms: EIDL & PPP**

The SBA has resumed accepting Paycheck Protection Program applications as of 4/27/20

[CDC Guidelines](#)

[Maine CDC](#)

For more information or to add to this resource page, please email: nina@barharbormaine.gov